

Stop waiting for your starring role

Description

Do you want to make a difference in the world? Do you want to be a catalyst for positive change?

The desire to contribute to the highest good of all is strong in most modern day mystics. We see the problems in the world. We feel the pain and suffering of those around us as well as those far away. We resonate with the Earth as she experiences the sometimes devastating changes that our actions create.

In the face of such seemingly overwhelming “problems” the desire to make massive, positive changes can be quite strong. We want to make a difference. But not just a little difference... we want to make a BIG one!

Ironically, it is that very desire to make a BIG difference that paralyzes so many modern day mystics! We wait until the moment when everything feels right and our ducks are all in a row and the guidance or inspiration for action comes and we KNOW that we’re going to make that BIG difference.

But when will everything be just right? When will we feel strong enough, healed enough, focused enough, enlightened enough to make a difference that is big enough? We won’t. Which is why starting NOW is so important.

Stop Waiting for Your Starring Role Have you ever acted in a play? I acted in high school and again after college in several community theater performances. And even at that level it was interesting to observe how we all wanted the starring role!

Let’s face it, most actors dream of being the “star.” Very few people go into an acting career with a vision of making a career as a “walk on” or even a supporting actor for that matter. They want to see their name in lights and be listed first in the credits. That’s a great dream!

But, more often than not, they WON’T get a starring role. It’s just a numbers game: Think about how many starring roles there are versus how many aspiring actors there are! There just aren’t enough opportunities for everyone to be the star – at least in Hollywood!

And while it can be a bit romantic to imagine that the big stars we see on screen were “discovered” the truth is that most of the big name actors have worked their butts off getting whatever parts they can and showing up fully in the best and biggest way they know how... even for those small and in some cases insignificant roles. They knew that the more fully they showed up for the small parts the more likely it is that they would get noticed and get invited to audition for a larger part next time.

Eventually, if they keep showing up and keep playing those supporting roles in the biggest and best way they know how, they MIGHT get one of those starring roles they’ve dreamed up.

Life is like that. Most of us want to be the star. We want to play a big, important part in this performance that we call life. But the truth is that if you look at our “roles” through our cultural lens of importance, there are very few “starring” roles.

On the other hand, if you look at your “roles” in terms of what really makes a difference, you have the potential to be in a starring role all the time! In fact, no one else in the world, no one else in all of time and space, can play the part that you have been assigned. No one else has the same unique mix of qualities, insights, talents, skills, experiences, and gifts. Only you can be the star in the part you have come here to play.

That part is yours and yours alone. And whether our culture sees it as a “starring” role or a supporting role doesn’t matter. Because, in the end, you ARE the star of YOUR life and you have absolutely no idea how the role you play is going to impact the course of this world.

Native Americans tell us that our actions impact the next seven generations. Can you see seven generations from now? Can you know the potential power of your actions as their impact, like the ripples from a pebble thrown in a pond, grows and spreads out through those next seven generations? Probably not!

What if a simple smile that you share with someone changes the course of their life? What if you smiled at a young man walking down the street, not knowing that he was feeling down, despairing, confused and uncertain what to do next? And what if your smile, for whatever reason, gave him hope? What if that was exactly what he needed to take his next step and enroll in college and get his science degree? And what if he goes on to a PhD program and becomes a core member of the team that discovers the cure for cancer?

And what if you will NEVER (in this lifetime) know that you were the one who gave him the strength and courage to take that next step.

We can never know the impact of our actions. A friend of mine, Liz, recently celebrated her birthday with a Purification Lodge Ceremony. While the fire was heating the stone people, I was talking with one of her friends who had been a student of mine seven or eight years ago. As we talked, she reminded me that she and Liz had actually met at that class and have since become close friends. And she told me that what she had learned in that class continued to influence her work and life and that it had been a key factor in her decision to enroll in a master’s program in transpersonal psychology.

It was eye-opening for me to hear. I had quite literally forgotten about that course and it made me realize just how easy it is to underestimate and even disregard the impact of our actions.

Look, life doesn’t care if you are the star! The truth is, to Life you ARE the star in each and every moment... no matter what you are doing!

The point is, don't wait for your "starring" role since it might never come. Jump in and give all you've got to whatever role you are playing right now. This IS your starring role! The part you play in this life, whether large or small, is absolutely needed. You hold a piece of the puzzle that no one else does. Don't wait. Don't squander your time here waiting for the call to come. Get out there and make yourself count no matter how small or insignificant you feel your part is.

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