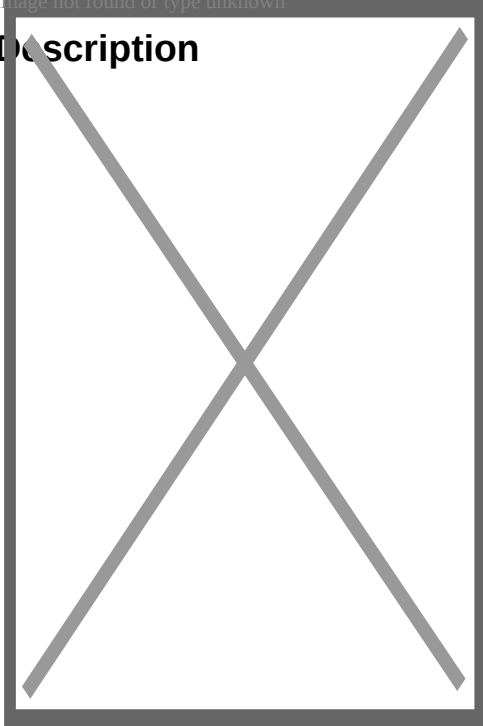


Learning to flow with the rhythms of life

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Description



Today was supposed to be the start of the [Awakened Man Summit](#).

But due to a last minute scheduling snafu I don't have a speaker for tonight.

Since I found out about this a couple of days ago I've been somewhat – to very – frantically seeking another speaker to step in at the last minute for tonight's spot. And none of the folks I've contacted have been able to make it.

So last night – LATE – I got the message – loud and clear – to **let go and trust**.

What a relief it always is when I finally do let go and trust in the wisdom of Life! I could feel the tension release from my body and mind. After all, the worst that would happen is I would schedule the speaker for another date during the summit.

And this morning I found out why Life had different plans for me!

My daughter woke up with a tummy ache and ended up staying home from school. With her home, I haven't been able to get some of the last-minute pieces in place for a call tonight, and she might not be feeling well enough to hang out with a babysitter later tonight.

What a mess that could have been... being on a live call with one of the speakers with a sick kid hanging out potentially needing my attention. Not sure how fully I would have been able to focus on the interview!

It's just another reminder that **Life is infinitely wiser than me!**

Over and over again I've had experiences that have confirmed the truth that **when I trust in the flow and rhythm of Life everything will work out!**

And I must admit that I find it rather amusing (when I'm not kicking myself!) that I still have trouble trusting in the flow of Life. When Life has plans that aren't exactly in alignment with mine I still feel the urge to push against those plans, trying to mold and shape Life to fit the picture I have in mind.

And how amazing it is that Life continues to have the highest good in mind when it "overrules" my plans!

This is big piece of what I consider to be the new model of manhood. In the old model, men were taught that imposing our will over other people, nature, the Earth and Life itself was the way to express ourselves as men. We were taught that we must be able to bend – and, if possible, break – the will of Life in order to prove ourselves.

Well, that model has definitely not worked. And, to be quite honest, I have a feeling that Life has been laughing herself silly watching us run around thinking that we're getting her to change her course.

Patience is not one of the strong characteristics in the old model of manhood whereas LIFE has infinite patience.

Now it feels like the tide is turning. Life is ready to gently, and perhaps not-so-gently, remind us that force will never get her to change her course.

The way we get Life to change course is to, quite literally, BECOME LIFE. Men (and to a lesser degree women) haven't been so good at that. Now is the time for us all to learn this new skill, one that will enable us to work in harmony with the flow and rhythm of life to create the New Earth that is awakening.

Have there been times in your life when Life has "overruled" your plans? How have you flowed with that? Are you able to trust in the wisdom of Life? Have you experienced this merging with Life? How does it feel, how do you know, when you are in union with Life?

Leave a comment below and let me know.

And if you're interested in joining the Awakened Man Summit – that begins WEDNESDAY evening! – you can register for fre-ee here!

[Awakened Man Telesummit – Begins Wednesday, may 25th!](#)

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